FELLOWSHIP IN NEONATAL AND PEDIATRIC CARE NURSING

ABOUT THE COURSE:

Malla Reddy School of Nursing Science and Technology believes that registered nurses need to be trained in Neonatal and pediatric Care Nursing in clinical and community settings in order to provide competent care for prevention and management of high-risk neonates to enhance their quality of life. Nurses play vital role in prevention, promotion, curative and rehabilitative care. Expanding roles of nurses and advances in technology necessitate additional training to prepare them for effective participation in providing such vital role. This Fellowship program is designed for nurses to enhance their knowledge and skills towards neonatal and pediatric care nursing.

This fellowship course is developed to help the student to recognize the etiology, pathophysiology, symptomatology, diagnostic measures, and management of neonates with high-risk conditions affecting various systems. The course will further help the graduates to acquire knowledge and skills in providing comprehensive nursing care to such neonates and attempts to explore and expand nursing knowledge through nursing research.

OBJECTIVES:

The graduates of fellowship students will be able to:

- ➤ Provide quality care for prevention and management of high-risk neonates.
- Manage & supervise care of high-risk newborns.
- > Teach nurses, allied health professionals and family members in areas related to neonatal and pediatric care nursing.
- > Conduct research in areas of neonatal and pediatric care nursing.

ELGIBILITY

• Registered BSc Nursing in India or equivalent.

DURATION

52 Weeks or One Academic Year

COURSE DESCRIPTION

The course is designed to prepare registered BSc (N) with specialized knowledge, skills and attitude in providing advance quality care to high risk new born and pediatric care nursing at all the three levels of care.

EVALUATION

The examination will be conducted by school of nursing science and technology, Malla Reddy Vishwavidhyapeeth deemed to be university.

CRITERIA TO APPEAR THE EXAM

- 80% attendance in theory
- 100% attendance in practical

CRITERIA TO PASS

- In order to pass a candidate should obtain 50% in theory and 50% in practical separately
- A candidate should get 50% in internal assessment.

AWARD OF CERTIFICATE

Certificate will be awarded by Malla Reddy Vishwavidhyapeeth deemed to be university

S.No	COURSE	SUBJECTS	THEORY	LAB	CLINICAL	TOTAL
	CODE					
1		Basic Nursing for	60	20	120	200
		Neonatal And				
		Pediatric Care				
		(No Exam)				
2		Neonatal And	80	20	300	400
		Pediatric Care				
		Nursing – I				
3		Neonatal And	80	20	300	400
		Pediatric Care				
		Nursing – II				

BASIC NURSING FOR NEONATAL AND PEDIATRIC CARE NURSING

Theory: 60 hours Lab: 20 hours

Practical: 120 hours

	Practical: 120 nours Unit Harm Lambing Contains						
Unit	Hour s	Learning objectives	Content	Teaching Learning Activity	Assessment Methods		
Unit I	20	-Understand human behavior in crisis - Analyze individual differences and emotional responses - Demonstrate effective communicat ion and leadership in caregiving	 Individual differences Learning, Motivation, attention perception&Emotions Human behavior & needs in crisis Stress and coping in crisis situations Leadership Communication and IPR Counseling Attitude and humanizing care 	- Interactive lectures - Case studies - Role plays and group discussions - Videos and simulations - Peer teaching	- Written tests - OSCE - Reflective journals - Role play performance assessment		
Unit II	10	-Understand social structures and their impact on health - Analyze family dynamics and community resources	 Sociology Social organization & community resources Leadership roles in community Family and family relationships Socio-cultural influences on child rearing 	Group discussions - Case presentations - Field visits/comm unity surveys	- Group presentations - Short answer questions -Participation in discussion		
Unit III	10	-Understand concepts of immunity and infection - Explain principles of asepsis and	 Microbiology Immunity Infection Principles of asepsis, Sterilization & disinfection Diagnostic tests in Microbiology & related nurses' responsibility 	Demonstrations Laboratory visits Use of videos and posters	Practical examinationViva voceMCQs and objective tests		

		disinfection - Identify diagnostic tools and safety practices in microbiolog y	Standard safety measures & biomedical waste management	- Simulation exercises	
Unit IV	10	Understand structure and functions of major body systems - Apply knowledge in clinical care	 Applied Anatomy and Physiology Neurological system Respiratory system Cardiovascular system Gastrointestinal system Endocrine system Musculoskeletal system Genitourinary system Reproductive system Sensory organs 	- Interactive lectures with models - Diagrams and animations - Group quizzes	- Written tests - Oral quiz
Unit V	10	Understand pharmacoki netics and drug actions Identify drugs used in pediatric care and emergencies Ensure safe drug administrati on practices	 Pharmacology -Pharmacokinetics Analgesics/Anti-inflammatory agents Antibiotics, antiseptics Drug reaction & toxicity Drugs used in neonatal resuscitation Blood and blood components Principles of drug administration, role of nurses and care of drugs 	- Drug charts - Case-based learning - Demonstrati on of drug administratio n	- Drug calculations test - OSCE - Written assignment

NEONATAL AND PEDIATRIC CARE NURSING – I

Theory: 80 hours Lab: 20 Hours Practical: 300 hours

	Tractical. Soo nours						
Unit	Hour s	Learning objectives	Content	Teaching Learning Activity	Assessment Methods		
Unit - I	10	- Describe the development of the fetus from conception to birth - Explain fetal circulation and its significance	 Embryology Development of fetus from conception to birth Fetal circulation 	- Lecture with visual aids and animations - Chart preparation - Case discussion	- Written test - Diagram labeling - Oral quiz		
Unit - II	20	- Explain basic genetic principles and inheritance - Identify common genetic disorders - Understand nurses' role in genetic counseling	 Genetics Meaning of genetics and heredity Mendelian laws of inheritance Genetic disorders Chromosomal errors Inborn errors of metabolism Multifactorial disorders (sickle cell anemia, thalassemia, hemophilia) Genetic counselling Nurses' role in genetic counseling 	- Interactive lectures - Case studies - Group presentations - Guest lecture by genetic counselor	- Written tests - Group assignments - Presentation assessment		
Unit - III	20	- Describe national and community health programs focused on neonates - Understand the principles of health education and IMNCI	Community Health National health mission (specific to neonate) Maternal and child health services and programs a) Organization of services b) Reproductive and Child Health program (RCH) (specific to neonate) c) National Immunization program (specific to neonate) Demography and family welfare a) Definition, meaning, population trends—global and Indian Health education: concepts,	- Field visits - Health talks and role plays - Group discussions - Audio- visual aids	- Field report - Health education project - Viva and MCQs		

			principles, approaches and methods • Integrated Management of Neonatal and Childhood Illnesses (IMNCI)		
Unit IV	10	- Explain normal and high-risk pregnancies - Provide immediate and ongoing care to normal and high-risk neonates - Identify drug implications during pregnancy for neonates	 Obstetrics Pregnancy: Normal, High risk, Obstetrical disorders Labour: Normal, Abnormal Normal newborn – immediate care in labor ward High risk neonate – IUGR, post maturity, babies of high risk mothers Drugs used in obstetrics and their implications for the fetus/neonate 	- Demonstrations - Case-based discussions - Role plays - Clinical postings	- OSCE - Case study evaluations - Written test
Unit V	10	- Define and describe neonatal nursing - Explain levels of neonatal care - Identify risk factors in antenatal and intranatal periods	 Introduction to Neonatal nursing Definition, concepts and principles of neonatal nursing Definition of terms Risk factors for neonates in antenatal and intranatal period Nursing process: Levels of neonatal care and role of nurse 	- Role play and storytelling - Interactive lecture and group work	- Short answer test - Peer review feedback
Unit VI	10	-Demonstrate steps of neonatal basic and advanced life support - Perform emergency procedures safely and effectively	Neonatal Basic/Advance Life Support Basic Life Support Routine care Initial steps Bag and mask ventilation Chest compression Endo-tracheal intubation Drugs	- Hands-on skill labs -Simulations and mannequins - Video demonstratio ns - Peer practice sessions	- Return demonstratio n - Skill checklists - Simulation- based OSCE

NEONATAL AND PEDIATRIC CARE NURSING – II

Theory: 80 hours Lab: 20 Hours Practical: 300 hours

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Unit	Hour s	Learning objectives	Content	Teaching Learning Activity	Assessment Methods
Unit-I	10	- Understand principles and roles in neonatal nursing - Communicate effectively with families and healthcare team - Support families emotionally	 Introduction to neonatal nursing Principles of neonatal nursing. Attributes of a neonatal nurse Family centered care Communicating with parent, family and health care team Normal mother-baby relationship Impact of birth of a sick/abnormal baby on the family Reaction of parents to the admission of their baby to NICU Grief process Breaking bad news Causes, effects & management of stress The personal & social problems of the family 	- Case scenarios - Role play - Group discussions	- Case study evaluation - Group presentations
Unit- II	10	- Assess and care for a normal newborn - Recognize danger signs and provide appropriate care	Normal Newborn Definitions & terminology Examination of newborn Recognition of danger signs in a baby Common minor neonatal disorders Care of normal newborn Immediate care Routine care — Transition care Daily care- Home Care Physiological adaptation of the neonate Fluid & electrolyte balance, Thermoregulation & prevention of hypothermia Kangaroo Mother Care	- Demonstrations - Bedside teaching - Newborn care simulation - Peer skill check	- OSCE - Practical checklist - Short answer test

Unit -	10	- Understand	Neonatal Feeding	_	- Return
III	10	rinciples of neonatal feeding Manage various feeding techniques for normal and atrisk neonates	 Physiology of breast and milk secretion Principles of feeding & nutrition Feeding of normal babies Breast feeding & maintenance of lactation Human milk bank Managing breast feeding problems Feeding of LBW babies Artificial feeding – Enteral, Parenteral, Katori spoon, Gavage feeding Total Parental Nutrition(TPN) Fluid & electrolyte therapy 	Demonstrati on and return demo - Lactation counseling role-play - Videos on feeding techniques	- Return demonstratio n - Viva - Skill competency checklist
Unit- IV	5	- Apply infection prevention principles in NICU	Prevention of Infections Principles of prevention of infections in NICU Standard safety measures Hand washing Housekeeping routines Disinfections & sterilization Biomedical waste management	- Demonstrati on - NICU visit - Visual aids/posters	- Spot test - Practical demonstratio n - Quiz
Unit- V	5	- Identify and manage LBW babies effectively	Low birth weight baby (LBW) Type of LBW Etiology Identification of preterm & small for date babies Management: principles, thermoregulation, feeding, monitoring, transportation, management of specific illnesses	- Clinical demonstration - NICU rounds - Case studies	- Clinical assessment - Written test - Observation checklist
Unit- VI	10	- Monitor sick neonates - Identify and manage neonatal emergencies - Provide palliative care	Neonate transfer • Sick neonate a) Neonatal monitoring & observations b) Danger signs in newborns c) Respiratory problems; asphyxia neonatorum, apnea, respiratory distress d) syndrome (RDS), meconium	Simulation scenariosGroup case discussionsVideos and role play	- OSCE - Case study presentation - MCQs

			aspiration syndrome, respiratory infections e) Neonatal sepsis f) Neonatal jaundice g) Convulsions & neurological disorders h) Metabolic disorders i) Necrotizing Enterocolitis (NEC) j) HIV: transmission &Anti Retroviral Therapy (ART) and management of k) neonates exposed to HIV l) Emergency treatment of neonatal problems Palliative care of neonates		
Unit- VII	10	- Recognize and manage surgical conditions in neonates	 Neonate with Surgical disorders Birth trauma Congenital malformations: identification & management Pre & post operative nursing care of a neonate with various surgical procedures: cleft lip & palate, Esophageal atresia and tracheo-esophageal fistula, congenital hypertrophic pyloric stenosis, Hirschsprungs disease, imperforate anus, rectovaginal fistuala (RVF), Spina bifida, meningo myelocele, hydrocephalus, extrophy of bladder, congenital heart disease. 	- Surgical case reviews - OT/NICU observation - Diagrams and models	- Case study assignment - Viva - Short answer questions
Unit-	5	- Understand	Supervision & Management of	- Group	- Audit
VIII		management principles for NICU - Apply supervision and quality assurance tools	neonatal care unit: Definition & Principles Elements of management of neonatal care unit: Planning, Organizing, Staffing, Reporting, Recording, and Budgeting NICU management: - Time, material & personnel	discussion - Audit tools demo - Policy review activity	project - Short answer test - Presentation

			 Layout and Design of NICU. Neonatal transport services Planning of transport of neonates Planning men and material for transportation An ideal transport incubator Clinical Supervision Introduction, definition and objectives of supervision Principles & Functions of supervision Qualities of supervisors Responsibilities of clinical supervisors Practice Standard of Neonatal Units Policies and Procedures Establishing Standing and Protocols Orientation programmed for new recruits Quality Assurance Program Nursing audit Performance appraisal Principles of performance evaluation Tools of performance appraisal Rating scales, Checklist 		
Unit- IX	10	- Apply ethical principles in neonatal nursing - Understand evolving professional roles	 Professional trends and ethics Introduction in Code of Ethics in Neonatal nursing care and professional conduction and practice standards of NeonatalNursing in India Ethical issues in neonatal care unit Expanding role of the nurse: Neonatal Specialist nurse, Nurse Practitioner etc. Professional organizations 	- Debate and discussions - Guest lectures - Reflective practice	- Essay writing - Ethics case scenarios - Group presentations

Unit-	5	- Understand legal responsibilities in neonatal care - Handle medico-legal issues professionally	 Medico-Legal aspects relation to neonatal care Legislations and regulations relation to neonatal care Consumer Protection Act (CPA) Negligence & Malpractice Legal responsibilities of nursing Bill of rights of a patient Case studies of judgment with regard to negligence of services in the Hospital Medico-Legal Aspects Abandoned babies, transfer to orphanages, adoption services, loss of neonates from the unit, preservation of cadavers, transfer to various institutions Records and Reports Role of the nurse in legal issues 	- Legal case reviews - Role play - Documentar y analysis	- Case-based evaluation - MCQs - Practical logbook check
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Research Activity:

Independent research is to be carried out by the student.

ESSENTIAL NEONATAL CARE NURSING SKILLS

I. Procedures Observed

- 1. CT scan
- 2. MRI
- 3. Echo cardiogram
- 4. Ultrasound head
- 5. ROP screening (Retinopathy of prematurity)
- 6. Heart/ Neuro/GI./ Renal Surgeries

Any other

II. Procedures Assisted

- 1. Advanced neonatal life support
- 2. Lumbar Puncture
- 3. Arterial Blood Gas /Arterial line//blood taking
- 4. Arterial B P monitoring
- 5. Umbilical catheterization- arterial and venous
- 6. ECG recording
- 7. Blood transfusion- exchange transfusion full and partial
- 8. IV cannulation therapy
- 9. Arterial Catheterization
- 10. Chest tube insertion
- 11. Endotracheal intubations
- 12. Ventilation
- 13. Insertion of central line/cvp line
- 14. APGAR Score
- 15. New born reflexes

III. Procedure Performed

- 1. Airway Management
- a) Application of Oro Pharyngeal Airway
- b) Oxygen therapy
- c) CPAP (Continuous Positive Airway Pressure)
- d) Care of Tracheostomy
- e) Endotracheal Intubation
- 2. Neonatal Resuscitation
- 3. Monitoring of Neonates- clinically & with monitoring, CRT (Capillary Refill Time),

Assessment of jaundice, ECG

- 4. Gastric lavage
- 5. Setting of Ventilators

- 6. Phototherapy
- 7. Assessment of Neonates: Identification & assessment of risk factors, Apgar score, reflexes, Gestation age, Anthropometric assessment, weighing the baby, Newborn Examination, detection of life-threatening congenital abnormalities.
- 8. Admission & discharge of neonates
- 9. Feeding- management of breast feeding, artificial feeding, expression of breast milk, Orogastric (OG) tube insertion, gavage feeding, TPN, Breast feeding counselling.
- 10. Managing breast feeding problems-Feeding of LBW babies, Artificial feeding Enteral, Parenteral, Katori spoon, Gavage feeding, Total Parental Nutrition (TPN)&Fluid & electrolyte therapy
- 11. Thermoregulation Axillary temperature, Kangaroo Mother Care (KMC), Use of Radiant warmer, incubators, management of thermoregulation & control.
- 12. Administration of Drugs: I/M, IV injection, IV Cannulation & fixation infusion pump, Calculation of dosages, Neonatal formulation of drugs, use of tuberculin/ Insulin syringes, Monitoring fluid therapy, Blood administration.
- 13. Procedures for prevention of infections: Hand washing, disinfections & sterilization, Surveillance, fumigation.
- 14. Collection of specimens.
- 15. Setting, Use & maintenance of basic equipment: Ventilator, O2 analyser, monitoring equipment, Photo therapy unit, Flux meter, Infusion pump, Radiant warmer, Incubator, Centrifuge machine, Bili meter, Refractometer, laminar flow.

Signature of Resident/SNO